Humble ISD SHAC Meeting Minutes  
September 30, 2019

The meeting was called to order at 6:36 pm.

Helen Wagner started the meeting with an overview of the function of the School Health Action Committee (SHAC). She noted that an annual report of SHAC activities is presented to the school board once a year.

Kara Ihedigbo, Harris County Public Health, gave a report on the 86th Texas legislative session and initiatives relating to school health.

- Incentives in the SNAP program (Supplemental Nutrition Assistance Program) for purchase of fruits and vegetables.
- Recess bill adding a set amount of recess time to the school schedule was vetoed by the governor.
- Certification of P.E. teachers did not pass.
- Elimination of the Fitness Gram did not pass.
- Full day pre K4 passed.
- Funding passed for mental health and suicide prevention. Access to mental health care aided by adding a mental health professional to each TEA regional service center.
- Stop the Bleed stations and kits are required in schools. Susan Luethold reported Humble ISD ordered 110 kits.
- EKG’s required in UIL athletics to screen for heart abnormalities.

She suggested that SHAC Committees will have opportunity to give input about opioid addiction and abuse as well as use of NARCAN in school health curriculum.

A question was raised about the reduction of health education in the curriculum in Texas. It was noted that health education is still presented in science curriculum, in middle school and in CPR classes prior to graduation. Some campuses in Humble ISD offer health education as an elective or integrated into other curriculum. Elective health classes currently include a unit on the harms of e-cigs and vaping.

Ashley Phelps, Humble ISD Nutrition Department, announced National School Lunch Week October 10-18. During this celebration, the Farm Fresh Challenge features locally grown foods in the school meal offerings. Questions were raised about the offering of ala carte food items and how new food items are selected for the school menu.

Susan Luethold reported on the district health fair held August 3, 2019. Eighty vendors participated and 400 community members attended. She also announced that flu shot clinics were to begin shortly for district staff.

Helen Wagner invited SHAC committee members to join her for the presentation of the SHAC report to the school board on October 15, 2019 at 7 pm.
Dates for the remaining meetings of SHAC for this school year are:

Tuesday, November 12, 2019
Monday, January 13, 2020
Tuesday, March 24, 2020.

Meeting adjourned 8:00 pm.

Respectfully submitted,
Mary Warnack