



March 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Say hello to everyone you see	2 Invite someone new to play at recess	3 Offer to help clean up the classroom	4 Make a get well card for someone
5 Read a book to someone	6 Write your custodians a thank you note	7 Write a poem for a friend	8 Tell someone how much you love them	9 Share a special toy with someone	10 Draw a picture for a special person	11 Teach someone something new
12 Spend time with your family	13 Help make dinner	14 Help with the dishes at home	15 FREE CHOICE	16 Clean your room without being asked	17 Help unload the groceries	18 Donate clothes that no longer fit
19 Help a neighbor with the yard	20 Write your parents a thank you note	21 Make a new friend	22 Tell someone why they are special to you	23 Hold the door open for someone	24 Let someone go ahead of you in line	25 Leave a happy note for someone
26 Pick up litter	27 Volunteer to do a chore for someone	28 Set the table for dinner	29 Recycle old magazines or donate books	30 Write your nurse a thank you note	31 CONTINUE TO SPREAD HAPPINESS!	

Have You Filled a Bucket Today?

Share Smile
Listen Help
Be Kind Be Polite
Take Turns Compliment
Include Others



Kindness Challenge