



Humble Independent School District Health Services

INSECT REPELLENT

From time to time insect repellent is prudent for students during outdoor activities to protect them from insect bites. The danger from insect bites particularly the mosquito is a virus which may cause West Nile illness and also Zika.

Guidelines for products use:

1. **No aerosols or pumps used indoors or with any elementary students.** Accidental contact with eyes and persons with respiratory sensitivities may have adverse affects. Towelettes, sticks, clip ons, wrist bands are acceptable.
2. Label with the student's name
3. Students must be able to apply themselves
4. Parent Permission for elementary students is required. Notes to be kept by the teacher.
5. Do not apply directly to face – put on hands and then apply. Avoid eye and mouth contact.

GENERAL INFORMATION

Consider encouraging long sleeves and long pants to protect the skin particularly for short periods of outdoor activity

Most vulnerable time for mosquito bites is between dusk and dawn – limited outside activity before 10:00 AM and after 6:00PM is recommended. Mosquitos known to carry Zika virus are active during the day.

Use product appropriate to the amount of time outdoors

Products with DEET, Picaridin and oil of lemon eucalyptus are most effective.

Products with Permethrin should **only** be used on clothes

Do not use on skin which will be covered by clothing.

