

ROAR: "Be Responsible"

Objective: That students would understand the role of our friends in helping us (or discourage us from) be (being) responsible (making good choices).

Engage:

THE STORY OF THE CRAB BUCKET (Our greatest fear is being different.)

One time a man was walking along the beach and saw another man fishing in the surf with a bait bucket beside him. As he drew closer, he saw that the bait bucket had no lid and had live crabs inside.

"Why don't you cover your bait bucket so the crabs won't escape?", he said.

"You don't understand.", the man replied, "If there is one crab in the bucket it would surely crawl out very quickly. However, when there are many crabs in the bucket, if one tries to crawl up the side, the others grab hold of it and pull it back down so that it will share the same fate as the rest of them."

Watch this 29 second video: <https://www.youtube.com/watch?v=Q4dTF8fRh2A>

Explore:

Show the "Climbing Out" visual [see next page].

The "pot" at school could represent a group of friends in an unpleasant, negative situation: poor grades, unkind words or actions towards other students, disobedience towards adults, or anything that doesn't lead to academic success or caring for others.

- _ What are reasons for getting out of the "pot" (an unpleasant school situation)?
- _ Why might friends want you to stay inside the pot?
- _ Would you agree or disagree with this statement: "*Some groups of friends encourage their peers to get out of the "pot" and do well while some groups of friends like having their friends in the "pot" with them and discourage their peers from getting out?*"
- _ Reflection: What group of friends do you hang out with and listen to... friends who encourage or discourage us in being responsible?
- _ What role do friends have in either helping us -- or discouraging us -- from making good decisions (to get out of the boiling pot)?
- _ What tools or supports are available at AMS or home to get out of the "pot" (or unpleasant situation)?

Watch this 2:29 minute video: <https://www.youtube.com/watch?v=COjtubk8Qz8>

[WhyTry metaphor: the importance of a positive peer support group. What a true friend is.]

Closure:

So it is with people. If one tries to do something different, get better grades, improve herself, escape her environment, or dream big dreams, other people will try to drag her back down to share their fate.

Moral of the story: Ignore the crabs. Be selective in the friends you spend time with. Your friends will either encourage you to stay out of the pot or escape the pot OR your friends will

keep you in the pot or try to pull you into the pot. Do what is right for you. It may not be easy and you may not succeed as much as you like, but you will NEVER share the same fate as those never try.

If extra time....

Play an ice-breaker activity called "I Can Help!" We all have different gifts and talents. Where one person has a weakness, another person has a strength to support them and help them.

Teacher starts off by saying, "My name is... I am good at (example) sewing clothes. I am not good at speaking another language."

Students who are good at speaking another language raise their name and say, "My name is ... I can help. I speak Spanish fluently because my parents speak Spanish at home. I am not good at playing basketball."

Students who are good at basketball raise their hand. One student is selected and says, "My name is I can help. I love basketball and play AAU basketball during the summer. I am not good at skateboarding."

Students who are good at skateboarding raise their hand. One student is selected and says, "I can help. I started skateboarding two years ago with friends. I am not good at math."

This activity can continue for as long as the teacher wants it to. If no one is good at something mentioned, either the student who just spoke or the teacher can start a new string of "I am not good at ...".