

First Day Welcome Back Guidance Lesson – “No Place for Hate/AMS Culture”  
(30 minutes)

Engage:

Teacher’s Read: “100% of Humble ISD schools are designated as No Place for Hate campuses! This serves as a tremendous effort to end social aggression and bullying in our schools. In order to receive this designation, each campus must stand up against hate and promote respect for all. We can help promote respect simply by acts of kindness and the way we speak to one another.”

Video (5 min.)

<https://www.youtube.com/watch?v=m5yCOSHeYn4> 20 Things we should say more often (Kid President)

Explore:

Lesson Activity Random Acts of Kindness (5-10 minutes):

Words are just one way to be kind to someone. Put class into groups of 3. Their objective is to come up with 3 random acts of kindness they can do for someone (must be an ACT, not words demonstrated in the video).

After 5-10 minutes:

Let each group share their list to the class and explain briefly why they chose that action.

Check for Understanding:

Discussion Questions (10-15 minutes):

How will this contribute to the AMS culture and how do you plan to demonstrate acceptance and “No Place for Hate”? As a class, come up with a NEW activity that AMS can do to demonstrate “No Place for Hate” (examples done in the past: Random acts of kindness, write sticky notes with positive messages, and the like...). The teacher will email the idea to Mrs. Burch and it will be considered by the counseling team to do this year.

*If extra time....*

It is great to embrace differences, however, it is also interesting to find that we all have more in common than we realize.

Ice Breakers (10-15 minutes)

Three in Common Game

•Break the class into 3’s. Their objective is for each group to find 3 things they have in common. The objective is to find common things that are not as obvious like age, gender or hair color. It must be three uncommon things (i.e. hobbies, foods, sports, activities, etc). After letting the groups converse for 10-15 minutes, they (as a group) must tell the rest of the groups the 3 things they have in common.