



## **TIPS FROM THE SCHOOL NURSE**

1. All medicine **MUST** be brought to the clinic by an adult with the appropriate Humble ISD medication form. Some chronic conditions require a completed packet that includes a medical plan. The forms can be found on the Nurse's web page in the Medication and Chronic Illness Forms tab or can be completed at the clinic when dropping off medication. **PLEASE** do not place medicine in a child's backpack as this can be a life-threatening mistake. The district medication guidelines are very specific and can be located on the district website in the student/parent handbook.
2. Immunization documentation is not negotiable. Humble ISD must be in compliance with Texas Law. Please respond promptly when notified of immunization discrepancies so that children do not miss any educational time. We realize that this can be a time consuming errand; however, we must show documentation to the state, when requested, regarding our students' health records.
3. Children having or suspected of having a contagious condition must go home as stated in the Parent/Student Handbook under the section titled "Communicable Disease – Exclusion from School". Students are not allowed to attend school while contagious. See the school nurse for any questions regarding school attendance.
4. Absences for more than 3 consecutive days due to personal illness require a note from the doctor or health clinic verifying the illness or condition that caused the student's extended absence from school. (See Parent/Student Handbook – Documentation after an Absence) If your child is or will be absent for an extended time due to illness/injury/hospitalization/therapy, etc. please let the nurse know so accommodations can be made to ensure optimal learning opportunities during the absence and upon his/her return to school.
5. Please pick up your child **PROMPTLY** from the clinic when notified by the nurse to decrease the likelihood of spreading illnesses. Children waiting for extended periods in the clinic are more likely to be exposed to communicable diseases.
6. Children will be triaged and sent back to class after first aid care and minor complaints for optimal learning. Parents will be called when necessary; and as a courtesy. We care about our students and want what is best for their safety and the safety of others! Health issues can change quickly! If you have a concern that your child should have been sent to the nurse, please communicate with the teachers and/or nurse to facilitate a relationship of trust. A child can spike a fever suddenly or hurt a body part that at the time of assessment was minor but can become more of a concern as time passes. Please keep this in mind as we work together to create a community of healthy and happy children. Also, it is very important for us to **TEACH** the children independence and self-responsibility. The children are encouraged to problem solve and take ownership of their personal needs as much as possible. Putting a



Bandaid on a child is helpful; but, teaching a child to advocate and care for their bodies on their own will help them now and in the future!!

7. Help us be proactive in our efforts to prevent lice breakouts. We work tirelessly to inform our children of healthy habits here at school. During the school year and throughout the summer, check your child's hair WEEKLY (especially if your child is scratching their head).

8. Notify the nurse of any change in your child's medication, diagnosis, or illness that occur during the school year. Correspond by email, phone, fax, or stop by the clinic.

9. Please have your child eat BREAKFAST before school **each day** and send a healthy snack **each day!** Food fuels the body for learning! Stomach aches and headaches in the morning are often caused by a rushed morning with no breakfast.

10. Our goal is to expedite healthcare to promote maximum instructional time...thus learning!

