

Humble ISD Child Nutrition Services

2019-2020 High School Breakfast Menu



*View menus and nutrition information for all breakfast and lunch items on www.schoolcafe.com/humbleisd
or download the School Cafe app for smartphones!

DAILY OPTIONS
CHOCOLATE GLAZED OR POWDERED SUGAR MINI DONUTS
STRAWBERRY, BLUEBERRY OR FROSTED FUDGE POP TARTS
CEREAL (CINNAMON TOAST CRUNCH, TRIX, CHEERIOS, RICE KRISPIES, MARSHMALLOW MATEYS) & GRAHAM CRACKERS

DAILY SPECIALS						
WEEK OF:		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug 12 Aug 26 Sept 9 Sept 23 Oct 14 Oct 28 Nov 11 Dec 2 Dec 16 Jan 13 Jan 27	Feb 17 Mar 2 Mar 23 Apr 6 Apr 20 May 4 May 18	MAPLE OR BLUEBERRY MINI PANCAKES	DUTCH WAFFLE	TURKEY BACON, EGG, & CHEESE BREAKFAST TACO	YOGURT PARFAIT W/ GRANOLA	TURKEY SAUSAGE & CHEESE BREAKFAST PIZZA
		CHICKEN & BISCUIT	CHICKEN & BISCUIT	SAUSAGE & BISCUIT	SAUSAGE & BISCUIT	SAUSAGE & BISCUIT
		FRENCH TOAST STICKS	BLUEBERRY OR CHOCOLATE MUFFIN	FRENCH TOAST STICKS	BLUEBERRY OR CHOCOLATE MUFFIN	FRENCH TOAST STICKS
			SCRAMBLED EGGS			
		GRANOLA BAR	GRAHAM CRACKERS	GRAHAM CRACKERS	GRANOLA BAR	GRAHAM CRACKERS
		CHILLED PINEAPPLE	FRESH FRUIT	FRESH FRUIT	APPLESAUCE CUP	FRESH FRUIT
		WEEK OF:		MONDAY	TUESDAY	WEDNESDAY
Aug 19 Sept 3 Sept 16 Sept 30 Oct 21 Nov 4 Nov 18 Dec 9 Jan 8 Jan 21	Feb 10 Feb 24 Mar 16 Mar 30 Apr 13 Apr 27 May 11 May 26	FRESHLY BAKED CINNAMON ROLL	TURKEY SAUSAGE & CHEESE BREAKFAST PIZZA	TURKEY BACON, EGG, & CHEESE BREAKFAST TACO	TURKEY BACON, EGG & CHEESE BREAKFAST SANDWICH	PANCAKE ON A STICK
		CHICKEN & BISCUIT	CHICKEN & BISCUIT	SAUSAGE & BISCUIT	SAUSAGE & BISCUIT	SAUSAGE & BISCUIT
		FRENCH TOAST STICKS	BLUEBERRY OR CHOCOLATE MUFFIN	FRENCH TOAST STICKS	BLUEBERRY OR CHOCOLATE MUFFIN	FRENCH TOAST STICKS
			SCRAMBLED EGGS			
		GRANOLA BAR	GRAHAM CRACKERS	GRAHAM CRACKERS	GRANOLA BAR	GRAHAM CRACKERS
		CHILLED PINEAPPLE	FRESH FRUIT	FRESH FRUIT	APPLESAUCE CUP	FRESH FRUIT
CHOICE OF JUICE (APPLE OR ORANGE) AND CHOICE OF MILK OFFERED DAILY. MENU SUBJECT TO CHANGE BASED ON AVAILABILITY.						

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