

Menu Notes: Choice of milk with every meal.

Breakfast Notes: Breakfast includes entrée plus one serving of Juice, one serving of Fruit and milk. .

Summer Meals are provided at NO CHARGE

For more information, visit <http://humbleisd.net/childnutrition>

<p>10 BREAKFAST French Toast Sticks OR Whole Grain Pop Tarts OR Breakfast Cereal Graham Crackers Chilled Mixed Fruit, Orange Juice <i>Syrup</i> LUNCH Chicken Nuggets OR Turkey Breast Steak Glazed Carrots Mashed Potatoes Warm Spiced Apples Dried Cranberries Whole Grain Garlic Breadstick Cheez Its <i>BBQ, Catsup, Turkey Gravy</i></p>	<p>11 BREAKFAST Scrambled Eggs w/ Biscuit OR Chocolate Chip Muffin OR Blueberry Muffin OR Breakfast Cereal Graham Crackers Applesauce Cup, Orange Juice <i>Jelly</i> LUNCH Pizza Cheese Sticks OR Pizza Garlic Breadstick Oven Baked Fries Seasoned Green Beans Marinara Dip Cup Chilled Mixed Fruit Strawberry Cup Rice Krispies Cereal Bar <i>Catsup</i></p>	<p>12 BREAKFAST French Toast Sticks OR Whole Grain Pop Tarts OR Breakfast Cereal Graham Crackers, Chilled Peach Cup Orange Juice, <i>Syrup</i> LUNCH Chicken Fajita Tacos OR Chicken Rings w/ Garlic Breadstick Steamed Broccoli w/ Cheese Baked beans Flavored Applesauce Cup Chilled Pineapple Tidbits Cinnamon Toast Crunch Cereal Bar <i>Salsa, Cheese Sauce</i></p>	<p>13 BREAKFAST Turkey Bacon, Egg & Cheese Breakfast Taco OR Chocolate Chip Muffin OR Blueberry Muffin OR Breakfast Cereal Graham Crackers Chilled Pineapple Tidbits, Orange Juice <i>Salsa</i> LUNCH Chicken Drumstick w/ Whole Grain Biscuit OR Grilled Cheese Sandwich Oven Baked Fries Seasoned Green Beans Glazed Carrots Dried Cranberries, Chilled Peach Cup Cheddar Cheez Its <i>Catsup</i></p>	<p>14 NO SCHOOL</p>
<p>17 BREAKFAST French Toast Sticks OR Whole Grain Pop Tarts OR Breakfast Cereal Graham Crackers Chilled Mixed Fruit, Orange Juice <i>Syrup</i> LUNCH Chicken Nuggets OR Turkey Breast Steak Glazed Carrots Mashed Potatoes Warm Spiced Apples Dried Cranberries Whole Grain Garlic Breadstick Cheez Its <i>BBQ, Catsup, Turkey Gravy</i></p>	<p>18 BREAKFAST Scrambled Eggs w/ Biscuit OR Chocolate Chip Muffin OR Blueberry Muffin OR Breakfast Cereal Graham Crackers Applesauce Cup, Orange Juice <i>Jelly</i> LUNCH Pizza Cheese Sticks OR Pizza Garlic Breadstick Oven Baked Fries Seasoned Green Beans Marinara Dip Cup Chilled Mixed Fruit Strawberry Cup Rice Krispies Cereal Bar <i>Catsup</i></p>	<p>19 BREAKFAST French Toast Sticks OR Whole Grain Pop Tarts OR Breakfast Cereal Graham Crackers, Chilled Peach Cup Orange Juice, <i>Syrup</i> LUNCH Chicken Fajita Tacos OR Chicken Rings w/ Garlic Breadstick Steamed Broccoli w/ Cheese Baked beans Flavored Applesauce Cup Chilled Pineapple Tidbits Cinnamon Toast Crunch Cereal Bar <i>Salsa, Cheese Sauce</i></p>	<p>20 BREAKFAST Turkey Bacon, Egg & Cheese Breakfast Taco OR Chocolate Chip Muffin OR Blueberry Muffin OR Breakfast Cereal Graham Crackers Chilled Pineapple Tidbits, Orange Juice <i>Salsa</i> LUNCH Chicken Drumstick w/ Whole Grain Biscuit OR Grilled Cheese Sandwich Oven Baked Fries Seasoned Green Beans Glazed Carrots Dried Cranberries, Chilled Peach Cup Cheddar Cheez Its <i>Catsup</i></p>	<p>21 NO SCHOOL</p>
<p>24 BREAKFAST French Toast Sticks OR Whole Grain Pop Tarts OR Breakfast Cereal Graham Crackers Chilled Mixed Fruit, Orange Juice <i>Syrup</i> LUNCH Chicken Nuggets OR Turkey Breast Steak Glazed Carrots Mashed Potatoes Warm Spiced Apples Dried Cranberries Whole Grain Garlic Breadstick Cheez Its <i>BBQ, Catsup, Turkey Gravy</i></p>	<p>25 BREAKFAST Scrambled Eggs w/ Biscuit OR Chocolate Chip Muffin OR Blueberry Muffin OR Breakfast Cereal Graham Crackers Applesauce Cup, Orange Juice <i>Jelly</i> LUNCH Pizza Cheese Sticks OR Pizza Garlic Breadstick Oven Baked Fries Seasoned Green Beans Marinara Dip Cup Chilled Mixed Fruit Strawberry Cup Rice Krispies Cereal Bar</p>	<p>26 BREAKFAST French Toast Sticks OR Whole Grain Pop Tarts OR Breakfast Cereal Graham Crackers, Chilled Peach Cup Orange Juice, <i>Syrup</i> LUNCH Chicken Fajita Tacos OR Chicken Rings w/ Garlic Breadstick Steamed Broccoli w/ Cheese Baked beans Flavored Applesauce Cup Chilled Pineapple Tidbits Cinnamon Toast Crunch Cereal Bar <i>Salsa, Cheese Sauce</i></p>	<p>27 BREAKFAST Turkey Bacon, Egg & Cheese Breakfast Taco OR Chocolate Chip Muffin OR Blueberry Muffin OR Breakfast Cereal Graham Crackers Chilled Pineapple Tidbits, Orange Juice <i>Salsa</i> LUNCH Chicken Drumstick w/ Whole Grain Biscuit OR Grilled Cheese Sandwich Oven Baked Fries Seasoned Green Beans Glazed Carrots Dried Cranberries, Chilled Peach Cup Cheddar Cheez Its</p>	<p>28 NO SCHOOL</p>

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