

Remember what's due before you are due.

Let Quest Diagnostics help you keep track of important dates leading up to the birth of your new baby. The Pregnancy Health Reminder Service automatically sends notifications of important pregnancy tests, along with helpful tips and information for staying healthy during each trimester.

Pregnancy Health Reminders are customized based on your delivery date, and are the easiest way to ensure you are properly prepared. Each email notification also contains direct links to appointment scheduling and test results from MyQuest™ by Care360®, our online patient portal.



FIRST TRIMESTER

How to deal with morning sickness, when to receive maternal serum screening, and other tips on maintaining a healthy lifestyle.



SECOND TRIMESTER

Making decisions on prenatal testing, when to schedule genetic screening and ultrasounds, along with reminders of routine checkups.



THIRD TRIMESTER

Getting ready for the big day, preparation for labor and delivery, along with articles on breastfeeding and caring for a new baby.

Sign up for Pregnancy Health Reminders by visiting QuestDiagnostics.com/pregnancy.



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