






Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Teacher: \_\_\_\_\_

### Red Ribbon Week ★ October 25-29, 2021

As we celebrate drug awareness week let's dress up and embrace this year's theme of Drug Free, Looks Like Me!  
 You can also join in the [BBE Family Challenge](#). Parents please initial below each day your family participates.

Monday, October 25	Tuesday, October 26	Wednesday, October 27	Thursday, October 28	Friday, October 29
Be Mindful: Spread the red!  Wear red.	Be Community Minded: Help others!  Dress as a community helper.	Be Prepared: Dress to impress.  School Picture Day.	Be Brave: Don't let drugs find you.  Wear camo or black.	Be a Hero: Be drug free!  See grade level plan.
<u>Family Challenge:</u> Eat a fruit or vegetable with dinner.	<u>Family Challenge:</u> Share a kind note with a community helper.	<u>Family Challenge:</u> Share a joyful, frustrating, or sad moment with a family member.	<u>Family Challenge:</u> Exercise for 30 minutes after school.	<u>Family Challenge:</u> * Turn in your signed RRW slip to the front office today for a chance to win a prize.
Parent Initials: <u>#bbewellness</u>	Parent Initials: <u>#bbewellness</u>	Parent Initials: <u>#bbewellness</u>	Parent Initials: <u>#bbewellness</u>	